LODGE BROOKLYN SUPPORTS A DEMENTIA FRIENDLY SOCIETY RODKLYN 3-243

Summer seemed really very short this year, probably because personally I was very busy and really didn't have much time for myself. This year in NY, August felt like autumn and September has been sweltering. It's all a little wonky. I did have time enough one night to binge through a series on PBS called 1864, it's Danish and it was brilliant, I highly recommend. I honestly believe that some of these movies/shows that I see dealing with history should be shown in our history classes as they hold so many lessons for us all.

September, to me, always feels like the beginning of a new year because of our school calendar here in the north east. It is kind of nice because it feels like a bit of a re-set and gives a little more umph when you have to work on things or even begin things. I am thinking, and hoping, that this will help us as a Lodge and hopefully with some creativity it will help us with our planning.

We have a lot of work to do for our great gala event of the 100th Anniversary. Let's start getting the word out and make it an event to remember for the next 100 years!

Hope to see you this Sunday,

Kimberly Breiland, President

SAVE THE DATES of lodge brooklyn future meetings and events

WELCOME BACK BBQ Sunday, September 17, 2023

1:00 PM - 5:00 PM Sporting Club Gjøa, Brooklyn

UCIUBER MEETING Sunday, October 15, 2023 1:00 PM - 5:00 PM Sporting Club Gjøa, Brooklyn

IUUIH ANNIVERSARY Saturday, November 18, 2023 1:00 PM - 5:00 PM Bay Ridge Manor, Brooklyn

JULEFEST

Sunday, December 17, 2023 1:00 PM - 5:00 PM Sporting Club Gjøa, Brooklyn

WE HOPE TO SEE YOU SOON!

www.LODGEBROOKLYN.org



<u>FRA PRESIDENTEN, STEPHEN HELMOLD – MAY 2023</u>



It has been a little over a year since your Board was voted into office. One good thing that came out of the recent pandemic was the use of Zoom which has given the District Board and its committees the ability to meet much more often and accomplish much more for the benefit of the district. In addition to the tasks that are done each year such as organizing, printing and distributing the district directory and filing of the D-63 and D-17 for the district, I have been meeting with the district presidents quarterly, more if necessary and Karen has been meeting with the district secretaries every other month and Karen sends a detailed district secretary's letters to all secretaries in the district with copies to the presidents. As I reported earlier, I have also appointed members to many committees. Your board members and volunteers have put in many hours over the last 14-1/2 months. So, what has your board done for you lately?

We have brought back Youth Camp. Youth Camp 2023 was a success at Camp Koinonia, under the direction of Camp Director Tom Bakos. We are busy planning Youth Camp 2024.

The Committee to Review the Minutes of the 2022 Convention under the leadership of Barbara

Berntsen reviewed the minutes and recommended approval by the Third District Board who approved the minutes of the 2022 Convention. The committee was thanked and dismissed.

The Scholarship Committee under the leadership of

Elaine Breiland met and recommended to the Board that the Third District NOT have its own scholarship fund. It was felt that having another scholarship fund in the district would compete with and hamper the zones and lodges that presently have scholarship funds. Their suggestion was approved by the board. The committee was thanked and dismissed.

The Website Committee/Publicity under the leadership of Asbjorn Lageraaen met and decided that the district should consider having a new website. This sparked the need for yet another committee. I quickly formed the Website search committee.

The Website Search Committee under the leadership of Christine Taylor reached out to and received bids from 6 companies. The committee narrowed the field to three bids which they presented to the board. The board overwhelmingly choose 22 Graphics owned and operated by Lodge Brooklyn President Kimberly Breiland. Her bid was not only the most reasonable, but the support she offered far surpassed any other bid. The committee was thanked and dismissed. Once hired, Kimberly, with the input from Website Committee-Publicity, set up a new and much improved website. Please take some time to check it out. www.3dsofn.org.

The Convention Policy Committee under the leadership of Karen Olsen-Helmold has completed phase one of its assignment, by developing a policy for lodges who wish to host a convention. This was



FRA PRESIDENTEN, STEPHEN HELMOLD – JUNE 2023



presented to and approved by the board. I have recently sent a copy of this policy to all lodge presidents and secretaries. The committee will now continue to work by outlining policies for various board members regarding their responsibilities regarding our conventions. If any Lodge or Zone would like to host the 2026 Third District Convention, now is the time to start planning by contacting either Karen or me so we can assist you with the logics and numbers. While a lot of work, hosting a convention is a great way to make money for your Lodge or Zone.

LOV Money Committee under the leadership of Elaine Breiland has met and made a few suggestions at the March 2023 Board meeting. The financials along with their recommendations will be given to the district finance committee who will take the district's entire financial situation into account and will make a recommendation to the board to be voted on at our October Board meeting. In the meantime, the money from the sale of LOV has been invested in a liquid interest baring account until the final decision regarding its allocation is approved by the Board.

The By-laws and Policy Review Committee under the leadership of Barbara Berntsen has been busy reviewing the By-laws and making suggestions for changes. They made their first report to the board in April and took comments from the members of the board. They will make another presentation to the board in October of 2023 and their final recommendations at the March 2024 Board meeting at which time the Board will vote on what to present to the delegates for approval at our 2024 Convention in June 2024.

The Rezoning Committee under the leadership of Kaare Hansen has met and discussed basic groundwork to be done for the next meeting. They are taking many issues into consideration as they examine the need if any to rezone.

The Finance Committee under the leadership of Elaine Breiland will be working on the suggestions from the LOV Money Committee as well as preparing the 2024 budget. They will present their work to the board for approval at the October Board meeting.

The Lodge Revitalization Committee under the leadership of Christine Taylor has been extremely busy. The Committee developed a zone director's checklist that each zone director is being asked to complete for each lodge within his or her zone once, hopefully twice a year. The information can come from lodge visits either virtual or in person or by phone calls or zoom meetings with lodge officers. The purpose of this report is to help the Local Lodge Support Committee to ascertain what if any help can be given to each lodge for them to grow and prosper.

The committee has also developed a leadership training program. The purpose of this program is to help lodge officers understand not only their responsibilities, but the responsibilities of their colleagues in the lodge. The first phase concentrates



FRA PRESIDENTEN, STEPHEN HELMOLD – JUNE 2023 – CON°T.



on executive positions such as president vice president secretary treasurer and trustees with instruction on how to set up an account with the home office, how to update your profile and how to file required documents using the program from the home office which is the only way they will accept these documents. The program will be given via zoom in each zone. It was given in Zone One where all 6 lodges were represented, and 31 members attended. The training will be given in Zone 7 on September 30th. Committee Chair and Zone 5 Director will be presenting the training in person as she visits each lodge in Zone 5. We are now in the process of setting up times to have the program in the other 4 zones.

Another task that this committee has assumed is developing a toolkit on the district website that will have programs, lists of guest speakers and activities for lodges to use at their meeting. It is meant to make the jobs of social and cultural directors easier.

The Giving Committee under the leadership of Leif

Easterson has gotten the bank accounts for the Charitable Trust changed. This takes 4 months each time we must do this with Morgan Stanley. The committee has dedicated a month to each charity that the district supports.

Third District Charitable Trust – month of April

Sons of Norway Foundation - month of October

Dementia- friendly support – can be The Alzheimer's Longest Day campaign in June or local Alzheimer's

walks. More great information and links to donate can be found on www.3dsofn.org.

The Cultural Committee, a new committee under the leadership of Andy Mathisen is setting up 2 cultural weekends for everyone to enjoy; singles, couples and families; one to be held in the northern part of the district and the other in the southern part of the district. The Cultural weekend in the north is the evening of Thursday July 18, 2024 through Sunday morning July 21, 2024. Save the date for Fraternalism and Fun at its Best! More information about the cultural weekend in the southern part of the district will be available soon.

I hope everyone had an enjoyable summer and as you head back to lodge activities in September, I will be updating you monthly on the activities of your Board of Directors and opportunities for all lodges and members to join in.

Fraternally, Stephen Helmold, *Third District President*



Stephen Helmold, Third District President



LODGE BROOKLYN HAPPENINGS

We have officially changes our Facebook page name to Sons of Norway; Lodge Brooklyn 3-243 as per directions from the main home office.

We now have God Jul cards. They will be available for purchase in a set of 4 @ \$6, or a set of 20 @ \$25. This is what they look like:



If these work out maybe Uff Da cards will be the next installment. Any other card art suggestions?

- We received a lovely thank you letter for our donation to the Scandinavian East Coast Museum
- Kathy Dollymore, 3D International Director, sent a beautiful letter and Gratulerer Med Dagen card with Best Wishes to us all.
- As you know, Sporting Club Gjøa has agreed to help us with a bigger storage space and we are extremely grateful. In return they are asking us to remind our members that they have events, I have listed many upcoming events in our event section. They would welcome more of our participation.

100th Anniversary

We have announced our 100th Anniversary and have received a few ticket purchases. Woo Hoo! I have printed invitations for you to share with individuals you think would like to come.

If we want to upgrade our menu to include salmon as one of the entree choices it will be an additional \$5 per person, we will discuss at our meeting and vote.

We can discuss program ideas at our next meeting, do we want to sell ad space? It could help to off-set the printing costs of program.

We are looking for article and photo submissions. What did you been up to? Anything special? Traveled someplace new, had a celebration, learned a new skill, tried a new dish? What ever it is, we are interested. Send to **Kimberly@LodgeBrooklyn.org** so we can include it in our next newsletter.

Please remember to save stamps and postcards for the **Tubfrim** program. Alice Svege will be collecting all contributions. When cutting the stamps out, leave a 1/4" margin around the stamp.





LODGE BROOKLYN 100TH ANNIVERSARY



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www.LODGEBROOKLYN.org

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NEWSLETTER Volume 9, Issue 6 September 2023

LODGE BROOKLYN 100TH ANNIVERSARY



Entertainment: Miss Maybell and the Jazz Age Artistes www.missmaybell.com



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CHARITABLE GIVING IN THE THIRD DISTRICT



The Third District is providing ways for members to give to causes the we know matter to them.

Alzheimers/Dementia Awareness

To commemorate the 125th Anniversary of Sons of Norway in 2020, the Third District pledged to raise funds for the Alzheimer's Association. The district realized that it has many members and families that were dealing with Alzheimer's and wanted to make a difference. The fundraising results were very successful, and the feedback positive resulting in an effort to continue. It is also a core value of the founders of SON that we reach out to help others.

Alzheimer's Disease accounts for 60-80% of all dementia cases. Dementia is a general term that describes the loss of memory and other cognitive abilities that are serious enough to disrupt a person's daily life. As many as 5 million Americans suffer from Alzheimer's Disease and there is no known cure. It is also estimated that in a little over three decades, that number will more than triple to 16 million people unless something can be done to halt it. There are treatments for symptoms, but more research is needed and continuing to find a cure.

We can work together to increase awareness, learn of preventative strategies and treatments and what is on the horizon in terms of a cure. Learn more at Alzheimer's/Dementia Awareness.

The Charitable Trust Unique to the Third District Sons of Norway

The Charitable Trust was established by the Sons of Norway Third District with the desire to provide elderly, indigent, and infirm Third District members with subsistence and those financial services essential to their physical, social, and psychological well-being. Members are required to be sponsored and to submit an application to be reviewed by the Charitable Trust Trustees in accordance with the Trust's current operational document. Learn more at The Charitable Trust.

The Sons of Norway Foundation Faithful to our mission and members

At the Sons of Norway Foundation, we are driven by a sense of purpose: to share and preserve Nordic heritage, to positively affect our members' lives, and to make Sons of Norway communities better places to live. Since 1966, staying true to this purpose, we have been supporting our members through scholarships and cultural exchange opportunities, providing disaster relief to members in need, and funding community programs that celebrate Norwegian heritage and culture. Learn more at Sons of Norway Foundation.



SONS OF NORWAY CHARITABLE TRUST



Taking Care of Our Own

The Third District is proud to be the only District in the order that has such a trust fund. Its existence parallels the origins of the Sons of Norway whose purposes and goals were to protect members of Sons of Norway and their families from the financial hardships experienced during times of sickness or death in the family. As reported in the Spring 1971 Sons of Norway Bulletin, a motion made at the 1936 District Convention to start an old age fund became a reality in 1938. Over time, the old age fund became known as the Benevolent Fund.

New York, and Brooklyn in particular, was the destination for many Norwegian immigrants. Our Norwegian brethren came with little but the clothes on their back, hearts filled with hope, and strong backs ready to work. Newly arrived, these immigrants were drawn to the familiar sounds, tastes, and companionship in the Third District lodges. It became apparent that some needed help over the rough spots and the **Benevolent Fund** was created.

Eventually the Benevolent Fund was formalized in 1971 as the **Charitable Trust**. For almost 50 years now, the Charitable Trust has provided modest support to District 3 members critical to their physical, social, and psychological well-being. The fraternal chain, a symbol of everlasting friendship, is exemplified by the work of the **Charitable Trust** which provides assistance to our fraternal brothers and sisters in time of need. The need could be as simple as helping with the very high cost of prescription drugs or it could be help getting back on your feet from a devastating loss. A member may need assistance only for a few months or a little longer.

To qualify, a recipient must be a District 3 SON member at least five years, be recommended for a helping hand by a member and complete an application form. These criteria are then reviewed by the Trustees which include the District Counselor, and a President appointed Financial Administrator and three District members at large. *The application process and results are confidential for privacy reasons.*

The Counselor manages the day-to-day business of administering the **Charitable Trust** and communicates monthly with the beneficiaries who continuously express their gratitude and heartfelt appreciation.

Supporting funds come from the members and lodges of the Third District as well as the dividends and interest earned from our investment portfolio at *Morgan Stanley* dedicated to the **Charitable Trust**.



SONS OF NORWAY CHARITABLE TRUST



The Charitable Trust is unique in Sons of Norway to our District 3. Responding to a fraternal and financial need in 1971 and for more than 50 years since, the Charitable Trust has provided modest support to District 3 members with subsistence critical to their physical, social and psychological well-being. The need could be as simple as helping with the very high cost of prescription drugs or it could be a little help getting back on your feet from a devastating loss. A beneficiary may only need assistance for a few months or sometimes a little longer. Our donations are used to help those less fortunate, who simply cannot afford the basic essentials of life.

It's a great cause, and I have been proud to be a part of the outreach.

With the current state of the economy, it's become even more important to raise money to keep the good work of the C.T. going. Will you please consider a monetary donation to the Charitable Trust? Individual and lodge donations, estate planning, and fund raisers, in honor of a birthday or other celebration or event, are ways to ensure the Charitable Trust keeps doing the good work it does.

All funds have been and will continue to be invested appropriately to ensure protection and longevity.

To learn more about the Charitable Trust please do not hesitate to reach out with any questions you may have now or in the future at counselor@3dsofn.org.

There is also more information on our website at 3Dsofn.org/Charitable Giving

Beneficiary Ms. S wrote: "I am writing this note to thank you for your financial assistance. Without that monthly check I would have to move away from my grandchildren as well as my life-long home."

Beneficiary Mr. B (Paraphrased): "Thank you for the monthly gift from the Charitable Trust. The extra income has helped me with the purchase of a wheelchair ramp at my house."

Beneficiary Ms. K. wrote: "Just a note to say thank you for the help I am getting from the Charitable Trust. I am not working anymore due to too much trouble with the old bones. I also had major surgery due to radiation 20 years ago."

Beneficiary Ms. B. wrote: "I want to thank you and the Trust Board very much for sending my check every month. It helps me make it through the month for food. I am very grateful for the Sons of Norway."



CARING AND SHARING



Please consider making a personal or Lodge donation to the Charitable Trust so that we can be well prepared to support any of our brothers and sisters that may need our support during this unique time.

Lodge #	I	ndividual Donation	Lodge Donation	Amount \$
Name:				
Address:				
Mark One:	Lodge Gift	Memorial Gift	Dedicated to	□ In Honor of
Name:				
Acknowledg	ment to be sent t	o; Name:		
Address:				
		odge No. 3 Charitabl District Counselor, 3		blis, MD 21403

Thank you for your generous support. Should you have any questions please contact via email: counselor@sofn3d.org

Charitable Trust is a 501(c)(3) non-profit — To the extent of the law, donations are tax deductible on federal & state returns.



SONS OF NORWAY BOOK CLUB

If you are interested in joining the Book Club or one of their meetings please contact Bill Browning: SonsofNorwayBookClub@gmail.com

> September 2023 Book Club Selection Zoom meeting: September 28, 2023 7 PM- 9 PM Eastern Time 7:30 PM-9:30 PM Mountain Time

Main Read: Norwegian American Women: Migration, Communities and Identities by Betty A. Bergland

Mystery Read: The Man Who Went Up in Smoke by Maj Sjowall and Per Wahloo

> October 2023 Book Club Selection Zoom meeting: October 26, 2023 7 PM- 9 PM Eastern Time 7:30 PM-9:30 PM Mountain Time

Main Read: Attack at Dawn: Reliving the Battle of Narvik in World War II by Ron Cope

Mystery Read: **Copper Heart** (Mario Kallio #3) by Leena Lehtolainen

November 2023 Book Club Selection Zoom meeting: November 30, 2023 7 PM- 9 PM Eastern Time 7:30 PM-9:30 PM Mountain Time

Main Read: **The Real Valkyrien** by Nancy Brown

Mystery Read: **Snow Blind** (Maria Kalio #1) by Ragnar Jonasson



SAVE THE DATE



SAVE THE DATE Mark your calendars!

3D SONS OF NORWAY YOUTH CAMP 2024

Ages 8-18 Camp Koinonia July 14 - July 21, 2024 Highland Lake, NY

Cultural/Sports/Family Weekend Fun for everyone old, young, and in between! July 18 - July 21, 2024 Details to follow soon.

* Please note that the committee is working on finding a venue to hold a Cultural/Sports/Family Weekend in the southern portion of the district. Details to follow.



LODGE BROOKLYN MEETING DATES



WELCOME BACK BBQ Sunday, September 17, 2023 1 PM until 5 PM Sporting Club Gjøa, Brooklyn

- Requested donation of \$15 SON members, \$20 all others, Children under 12 FREE
- Hamburgers, hot-dogs, and lots of fun!



OCTOBER Sunday, October 15, 2023 1 PM until 5 PM Sporting Club Gjøa, Brooklyn

- Requested donation of \$15 SON members, \$20 all others, Children under 12 FREE
- Food, Raffles, 50/50, and fun!



100TH ANNIVERSARY

Saturday, November 18, 2023 1 PM until 5 PM Bay Ridge Manor, Brooklyn

• \$100 per person

• Dinner and Desert, Cash Bar, and Entertainment.



YULEFEST

Sunday, December 17, 2023 1 PM until 5 PM Sporting Club Gjøa, Brooklyn

- Requested donation of \$25 SON members, \$35 all others, Children under 12 FREE
- Catered event and entertainment



UPCOMING EVENTS WITHIN COMMUNITY



80TH ANNIVERSARY DINNER

Hosted by Washington Lodge Saturday, September 16, 2023 5 PM until 9 PM Fairfax, VA

- \$45 per person; dinner buffet and entertainment
- For more info: Shelley: Festival@NorwayDC.org



FOLK FIDDLER VIDAR SKREDE

Hosted by Loyal Lodge Sunday, September 17, 2023 12:30 PM doors open; 1:30 PM performance Norway Hall, 201 Seventh St., St. James, NY

- Wine, cheese, and appetizers
- Seating limited, contact Kirsten: 229-395-1036



STEAK & LOBSTER PARTY

Hosted by Sporting Club Gjøa Saturday, September 23, 2023 3 PM Sporting Club Gjøa, Brooklyn

- \$55 per adult, \$65 after 9/17
- Buy tickets at bar or contact Ciara: 347-563-8845



HERITAGE FAIR

Hosted by Nansen Lodge Saturday, September 23, 2023 10 AM until 4 PM Nansen Pavilion, 3465 Victory Blvd., Staten Island

- Food Store, Raffles, 50/50, Treasures, Crafts, etc.
- Rain or Shine



UPCOMING EVENTS WITHIN COMMUNITY



LIVE MUSIC

Hosted by Sporting Club Gjøa Friday, October 6, 2023 7:30 PM Sporting Club Gjøa, Brooklyn

- Featuring George Anderson
- www.NYGJOA.com



CORNHOLE TOURNAMENT

Hosted by Sporting Club Gjøa Saturday, October 21, 2023 12 PM Checkin; Live Music at 6 PM Sporting Club Gjøa, Brooklyn

• \$50 team of 2, Cash Prizes

• Cash Bar, BBQ, and a 50/50 Raffle!



HALLOWEEN COSTUME PARTY

Hosted by Sporting Club Gjøa Saturday, October 28, 2023 8 PM Sporting Club Gjøa, Brooklyn

- \$50 per person in advance / \$60 at door
- Buy tickets at bar or contact Ciara: 347-563-8845



100TH ANNIVERSARY

Hosted by Fredheim Lodge Saturday, November 11, 2023 7 PM until 11 PM The Local, 316 Manor Rd., Staten Island, NY

- \$60 pp; Sit down dinner; Party like its 1923!
- RSVP by Oct. 1; Mormor8@Verizon.net



NEWSLETTER BOOSTERS

Your donation is a voluntary act which helps pay for the publication and distribution of our Lodge newsletter. We appreciate all your support!

Member	Amount	Date
Evelyn Andreassen	\$25	December 2022

If you would like a printed version of this newsletter snail-mailed to you please send \$25 to cover the cost of paper, ink, and postage.



www.SONSOFNORWAY.com



GRATULERER MED DAGEN

- Lisa Abrahamson September 2
 - Ester G Hall September 7
 - V L Swanson September 10
 - Marie Bjorshol September 12
 - Kjell G Austad September 15
 - Mary Utvik September 20
 - **Robert Ahart** September 21
 - Ellen Lindstrom September 26
 - **Earle Hyman** October 11
 - Isabella Wang October 14
- Gyda Sheridan Arber October 16
 - Christina Gjertsen October 24
 - Hanna Tapparel October 27
- Adam Charles Patrick October 30
 - Charley Eichler October 31

www.LODGEBROOKLYN.org

eMail: Bob@rmclu.com

LODGE BROOKLYN, EST. NOV. 22 1923

Lodge Brooklyn celebrates the traditions and history of the Norwegian and American Norwegian culture. We have a reputation as being fun, down to earth, and lighthearted. We gather and share past memories and create new ones in a warm and welcoming environment. We hope you come to a meeting!

NORWEGIAN NEW POTATO SALAD



- 1-1/2 lbs. new potatoes
- 2-3 pickles, finely chopped
- 1/4 cup juice from jarred pickles
- 4-5 scallions, sliced thinly
- 1/2 red onion, finely chopped
- 2 celery stalks, finely diced
- 2 Tbsp. vegan mayo or sour cream
- 2 Tbsp stone-ground mustard
- Juice from 1 lemon
- Handful fresh dill or parsley, finely chopped
- Salt and pepper to taste
- Peel and boil the potatoes until somewhat soft but still giving a little resistance when piercing through with a thin knife. Let cool. Dice the potatoes into 1-inch cubes (2.5 cm).
- In a large bowl, combine all the other ingredients.

Source: sofn.com

OFFICERS

- President: Kimberly Breiland
- Vice-President: Sigrun Larsen
- Secretary: Gyda Arber
- Treasurer: Elaine Breiland

Publicity Director: Gyda Arber

Activity Committee: Alice Spicer

Alisa Spicer

Membership Chair: Alice Svege

WHO'S WHO

Editor-in-Chief: Kimberly Breiland Photographer: Kimberly Breiland

TO CONTRIBUTE OR RECEIVE NEWSLETTER

Contact: **Kimberly Breiland** via **Phone**: 917-523-3266 via **e-Mail**: Kimberly@LodgeBrooklyn.org via **Snail Mail**: PO Box 522 Tuxedo, NY 10987

BECOME A MEMBER

Contact: **Kimberly Breiland** via **Phone**: 917-523-3266 via **e-Mail**: Kimberly@LodgeBrooklyn.org via **Snail Mail**: PO Box 522 Tuxedo, NY 10987



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