

Recently I had enough time to watch two films on Netflix. The first was Troll. I really enjoyed it, and I loved how it build empathy for the Troll and nature as a whole. It was a fun, lively, slow and fast paced movie that children and adults can appreciate. The second film was a bit more complex and based on a true story, Narvik. The film focuses on the beginning invasion of Germany upon Norway. You can feel how the population adapts to a new type of living. You can understand different positions people take within the society when tough choices need to be made, and many would maybe wonder what they themselves would do in similar situations. This was a heavy film but not any less enjoyable, in fact, I particularly like to walk away learning a think or two when it comes to world history, especially one involving my heritage. If you have a subscription and a little time on your hands, these would be two films to add to your viewing.

It seems that we may have made it through winter without a heavy drop of snow. How lucky for us, and it feels like Spring is on it's way, I am getting excited. Much will be happening this Spring so mark your calendars with the meetings, events, and functions happening!

Hope to see you Sunday,

Kimberly Breiland, President

SAVE THE DATES OF LODGE BROOKLYN FUTURE MEETINGS AND EVENTS

VALENTINES

Sunday, February 19, 2023 1:00 PM - 5:00 PM Sporting Club Gjøa, Brooklyn

MARCH MEETING

Sunday, March 19, 2023 1:00 PM - 5:00 PM Sporting Club Gjøa, Brooklyn

APRIL MEETING

Sunday, April 16, 2023 1:00 PM - 5:00 PM Sporting Club Gjøa, Brooklyn

MEMORIAL SERVICE

Sunday, April 23, 2023 3:00 PM Bethlehem Lutheran Church

WE HOPE TO SEE YOU SOON!



FRA PRESIDENTEN, STEPHEN HELMOLD - FEBRUARY 2023



As I Travel and visit lodges in the District I find each lodge is different and unique in it's own way even though we are of one order in Sons of Norway. Though the lodges are different, they are all warm, friendly, and sociable with visitors and their own members.

During January, I had the honor to install the officers of two lodges; Loyal Lodge on Long Island and Washington Lodge in Fairfax Virginia. Both lodges had a full slate of officers and their installations were well attended. This is such an encouraging sign since many lodges in the district struggle to fill their officer positions. While Karen and I get to attend most of the meetings of Loyal Lodge, the same is not true for Washington lodge. It was nice to see meet so many new friends.

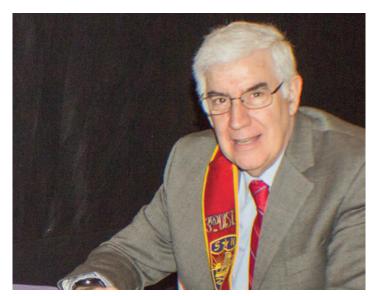
While we were in Virginia, Karen and I had the opportunity to meet with the 2024 Convention Committee at the Hyatt hotel where the convention will take place. I can honestly say that the hotel is impressive. We had lunch there and the food was excellent. The committee did an excellent job in finding the perfect place for our 2024 convention. We were able to speak with them in great detail about the upcoming convention and we all left excited to continue to work together to make this convention a great experience for delegates and guests. You will be hearing from the committee in the future. I hope you make every effort to attend, even if you are not a delegate. Having the convention right outside of Washington DC gives everyone an opportunity to

take a side trip to visit our nation's capital.

Karen and I will be bringing back many of the details of our conversation to the Third District Board at our March in person Board meeting.

Many times, as we visit lodges, we are questioned about the Third District, the International Lodge, the Foundation, and the relationship between these entities, not to forget to mention how our own Third District Charitable Trust. I will be working with the members of your Third District Board to develop a Leadership Training program that will be available to all to answer those questions and many more.

I am looking forward to the upcoming Board meeting to hear what all our committees have accomplished since October. Stay tuned for the details.



Stephen Helmold, Third District President



FOUNDATION SCHOLARSHIPS AVAILABLE

From the Sons of Norway website: https://www.sofn.com/blog/foundation-scholarships-availa ble/



By Emily Stark & Jon Tehven

High school seniors and current college students- it's time to start thinking about 2023!

If you are a member of Sons of Norway or have a parent or grandparent who is a member, you can apply for a scholarship from the Sons of Norway Foundation.

There are a variety of scholarships available for college, trade schools, and study abroad, from \$1,500 to \$20,000+.

Go to the Sons of Norway Foundation website at https://www.sofn.com/foundation/scholarships/ to find out if you are eligible to apply. When you find one or more for which you qualify, read the Overview, Who Can Apply, and View Guidelines.

Here are a few suggestions for your scholarship application:

- Treat the application as if it is a job application. Be thorough in completing all of the requirements. Make a list of all the application requirements and check them off when completed. Then, double-check before submitting to be sure that it is complete.
- Read and study the Criteria section of the application. In your essay, you are asked to address six key points. Use specific, experiential examples when answering these key points, especially your connection to Sons of Norway.
- How did you find out about the Sons of Norway
 Foundation scholarship and/or what do you know
 about the Sons of Norway Foundation?
 Demonstrate that you've done research beyond a
 simple Google search.

Emphasize your involvement in community or school volunteer work.







ZONE 1 SCHOLARSHIP FUND APPLICATION INFORMATION

Applications for the Zone 1 Scholarship Awards will be available from your Lodge representative after December 1st of each year

ELIGIBILITY

- 1. All members or if under age 25 then children of members whose parent/legal guardian who are in good standing for the previous 2 years in Zone 1 and who maintain their good standing for the term of the scholarship.
- 2. All applicants should intend to be FULL TIME students seeking post-secondary UNDERGRADUATE education college or vocational.
- 3. Previous applicants may apply.

AWARD

Amount of award may vary from year to year, dependent upon the number of qualified applicants and amount of money available. Awards are based on academic achievements.

APPLICATION PROCESS - submit required materials

- 1. Completed application (available from lodge representative)
- 2. Most recent (fall semester) OFFICIAL transcript of grade with seal. (student copies no acceptable)
- 3. Two letters of reference from non-relatives, of which at least 1 must be from a present or former teacher.
- 4. Short essay (no more than 1 page) introducing self and involvement with Sons of Norway or Scandinavian heritage.
- 5. Copy of applicants or parent/guardian's Sons of Norway active membership card.

All items above must be given to your lodge representative by March 15. Late of incomplete applications will disqualify the applicant. It is the applicants' responsibility to see that all materials have been received.

Awards will be announced at the Spring Joint Zone Meeting.





ZONE 1 SCHOLARSHIP FUND APPLICATION FORM

INSTRUCTIONS: All information will be held in strict confidence. No application will be considered unless all questions are answered. Please print or type,

NOTE: Either the scholarship applicant or his parent/guardian must be a member in good standing of a lodge in **Zone** 1 For at least two years prior **to** the date of application **by March 15, 2023** and remain so for the remainder of the term.

The following must be in the hands of the Scholarship Committee delegate from your lodge by March 15.

- 1) This Application
- 2) Most recent Official Transcript of scholastic record
- Two letters of reference from non-relatives, of least one of which must be from a former or present teacher.
- 4) Copy of current membership card.

Name:		Telephone:			
Address:					
Date of Birth:	Place of Birth: _	Place of Birth:			
Check box. Applicant is a memb	per of a Sons of Norway lodge	□ is not a member. □			
Name of Lodge If member:		Date of initiation:			
Father's or legal Guardian's Nar	ne:				
Business Address:		Date of Initiation:			
Name of Lodge If member:		Date of initiation:			
Mother's or legal Guardian's Na	me:				
Name of Lodge If member:		Date of initiation:			
Schools attended by Applicant	<u>Address</u>	Date of Graduation			
List any other Grants, Scholarsh	ips you will be awarded and am	nounts:			
-		Admission Date (if known):			
Remarks:					
Date	Signature	Father, Mother, Guardian's Signature			
Date and Sign above and Return this application and additional material requested to:		Barbara Kristiansen ed to: 872 70th Street Brooklyn, NY 11228 mormor46@verizon.net			



THIRD DISTRICT YOUTH CAMP JULY 16 - JULY 22

Sons of Norway Youth Camp



KOINONIA Highland Lake, NY



July 16-22, 2023 for ages 8 to 16

Activities include:

Bonfire Canoeing

Rosemaling Language class Hardanger Kubb & more

The completed application form, along with a \$50 registration fee (deposit), must be sent to Thomas Bakos ASAP. The check should be made payable to District Lodge #3 Sons of Norway. You will receive camp materials including a health form when your application is received. \$450 Sons of Norway members, \$500 Non-members

Send to: Thomas Bakos

Sons of Norway Youth Camp Director

8 Bingham Drive Marlboro, NJ 07746

tcbaconbits@optonline.net





APPLICATION FOR THIRD DISTRICT YOUTH CAMP

APPLICATION FOR SONS OF NORWAY THIRD DISTRICT YOUTH CAMP @KOINONIA, HIGHLAND LAKE, NY July 16-22, 2023 8- to-16 year olds

Name		Male	Female
Birth Date	Age at camp		
Address			
City	State	Zip Code	
Camper E-mail	Camper Cell Phone		
Parent/Guardian			
Parent/Guardian Phone Number		Parent/Guardian E-mail	
Member Sponsor			
Relationship to camper			
Lodge of Sponsor's Membership			
Emergency Contact (Name, phone and rela	ationship)		
Telephone: Day	Eveni	ng	

Please identify roommate preference here:

The completed application form, along with a \$50 registration fee (deposit), must be sent to Thomas Bakos ASAP. The check should be made payable to District Lodge #3 Sons of Norway. You will receive camp materials including health form when your application is received.

Camp tuition is \$450 per camper. The \$400 balance is to be sent to **Thomas Bakos at the below address NO LATER than June 1.** Deposits are non-refundable if a cancellation is made after **June 15**. Any camper not related (child or grandchild) to a Sons of Norway member will pay \$500. Non-members will be registered when members have been placed.

The SON Third District offers a limited number of partial camperships to those who qualify. To apply for this campership, the camper must write a full page essay stating why s/he wants to attend our camp. Completed essays must be submitted to the <u>District 3 Secretary, Mrs. Karen Olsen-Helmold, 183 Evergreen Ave., Bethpage, NY 11714</u> no later than **June 1, 2023.**





THIRD DISTRICT YOUTH CAMP SCHOLARSHIP OPPORTUNITY

DRAXTEN MEMORIAL SCHOLARSHIP FUND

The DRAXTEN MEMORIAL SCHOLARSHIP FUND is established in memory and in honor of Bersvend Draxten, the first President of Sons of Norway, by his daughter Nina Draxten.

This fund is established through the Sons of Norway Foundation for the purpose of providing scholarships to individuals under the age of 19. These scholarships are for youth who attend qualified camps or schools that teach and promote an understanding and appreciation of the Norwegian language, dance, history and culture.

These funds shall never exceed an award a student receives separately from his or her zone or local lodge and will be determined by the number of applications and funds available.

If you would like to be considered for one of these awards, please complete the form below and return to Karen Olsen-Helmold (address below) by JUNE 15.

Please include a short essay explaining why you want to go to Third District Youth Camp at LOV.

Name	Date of Birth
Parent/Guardian	
Address	
Telephone #	_
Scholarship amount Received \$	
From Whom (Lodge, Zone or District)	
Camp or School Attending	
Please return this completed application and	

Karen Olsen-Helmold 183 Evergreen Ave. Bethpage, NY 11714 516 935 0751



HELP WITH WORLD SERVICE DAY WITH CLOTHES

World Service Day Take Two! Zone One will participate in Suffolk's Clothes Drive



Literacy Suffolk, Inc. effects countywide change by improving adult literacy through trained volunteers, expanding community awareness, and providing literacy to all adults, especially those of low to moderate incomes who are underserved and limited in their ability to advance themselves and their families, so that they can contribute to and partake in the fruits of our society. Literacy Suffolk believes that the ability to read, write, and communicate effectively is critical to personal freedom, economic betterment, and the maintenance of a democratic society. Literacy Suffolk is hosting a clothes drive on April 25, 2023. They will receive money for each pound of clothes collected. This will enable them to continue with their worthy mission. But the good does not end there! Go Green's focus is on textile recycling. Its mission is to help divert some of the millions of tons of textiles that end up in our landfills every year by collecting unwanted clothing. The average American throws away 70 pounds of clothing and textiles every year! Go Green acts as a link in the textile chain by redirecting

clothing to people in need, secondhand stores, and even overseas markets. This is done by sorting facilities that determine the best route for the textiles, based on its condition. So, we are helping adults to improve their English skills; reading, writing and speaking. We are getting clothes and beddings to those in need at the same time helping the environment as well as. Not to mention the good feeling we get from cleaning.

Lodges in Brooklyn - Elaine Breiland will collect at your February and March meetings.

Norden and Loyal - Karen Olsen-Helmold will collect at your February, March, and April meetings,

Norge and Henrik Ibsen Contact Karen Olsen-Helmold

Of course, donations on the day at the sight are also welcome!



LODGE BROOKLYN HAPPENINGS

Everyone was enthusiastic to bring in the New Year! Thank you to everyone who attended and thank you to Elaine for the pea soup and Sigrun for the waffles. The compliments were abound for the spread.

We would also like to thank Alisa for all her hard work in finding out what countries around the world celebrate New Years and the traditions people have. It was great fun and informative.

Duties

- We received a note from Peter Johansen acknowledging our donation to the Third District,
 Zone 1 Scholarship fund in memory of Bob Carlsen
- D17 has been completed and submitted
- We received a note of gratitude from the Third
 District Charitable Trust with a donation of \$100 in
 our name for the recent Newsletter contest from
 Lloyd Ritter, the Charitable Trust Director

On Sunday, May 23, Lodge Brooklyn and Færder Lodge will be having our Memorial Service. We hope you can attend.

The 17th of May Parade is around the corner and many events will be happening. I have posted in this newsletter a fundraiser event at The Salty Dog, and this year there will be a Dinner Dance at Nansen Lodge. More information about the dance will follow, so mark your calendars now.

We will be sending around a "Booster" form in support of the Parade, and we also suggest that we take a full page ad (as we do every Parade) in the Journal. The cost of a full page ad is: \$100.

The theme of the Parade this year is "Remembering Norwegian Resistance" and the pin features a paper clip.

The program will start immediately after the parade at the reviewing stand, which is located on 67th Street, between 6th & 7th Avenues in Leif Erikson Park, Brooklyn, N.Y. This occasion gives us the opportunity to meet old friends, make new ones, and allows the diverse community to celebrate with us. There will be many special events during the year, please check their website for more information and links to other Norwegian organizations:

17thofmayparadecommittee-brooklyn.org



We are looking for article and photo submissions. What did you been up to? Anything special? Traveled someplace new, had a celebration, learned a new skill, tried a new dish? What ever it is, we are interested. Send to Kimberly@LodgeBrooklyn.org so we can include it in our next newsletter.

Please remember to save stamps and postcards for the *Tubfrim* program. Alice Svege will be collecting all contributions. When cutting the stamps out, leave a 1/4" margin around the stamp. They can also be sent to the *Tubfrim Chairperson*: Kjell Kittilsen, 871 70th Street, Brooklyn, NY 11228.



LODGE BROOKLYN MEETING DATES



VALENTINES

Sunday, February 19, 2023 1 PM until 5 PM Sporting Club Gjøa, Brooklyn

- Requested donation of \$15 SON members,
 \$20 all others, Children under 12 FREE
- Food and Fun



MARCH MEETING

Sunday, March 19, 2023 1 PM until 5 PM Sporting Club Gjøa, Brooklyn

- Requested donation of \$15 SON members, \$20 all others, Children under 12 FREE
- Food and Fun



APRIL MEETING

Sunday, April 16, 2023 1 PM until 5 PM Sporting Club Gjøa, Brooklyn

- Requested donation of \$15 SON members,
 \$20 all others, Children under 12 FREE
- Food and Fun



LODGE BROOKLYN + FAERDER LODGE MEMORIAL SERVICE

Sunday, April 23, 2023 3 PM

Bethlehem Lutheran Church, Bay Ridge, Brooklyn

• Refreshments will be served in the Community Hall after the service

UPCOMING EVENTS WITHIN COMMUNITY



FASTELAVN 2023

Sponsored by Scandinavian East Coast Museum Saturday, February 25, 2023 1 PM until 5 PM Vesuvio's Restaurant, 7305 Third Avenue

- \$60 pp, \$20 14 and under, children under 5 Free
- RSVP: Victoria 347-860-1932



COD FISH DINNER

Hosted by Loyal Lodge Saturday, March 19, 2023 2:30 PM until 6:30 PM St. James Lutheran Parish Hall 230 Second Avenue, St. James, LI

• \$35 pp; Karen Johnsen: 229-395-1036



VIKING AUCTION

Hosted by Loyal Lodge Friday, April 21, 2023 Doors open 6:30 PM St. James Lutheran Parish Hall 230 Second Avenue, St. James, LI

• \$10 pp; Barbara Johnsen: 229-395-6390



ATLANTIC CITY

Sponsored by Norden Lodge Saturday, April 22, 2023 Pick up in Brooklyn, 9 AM; Leaving AC 6 PM PC Richards parking lot, 576-80 86th Street

• \$70 pp, RSVP by March 3; Chuck: 516-512-9427

UPCOMING EVENTS WITHIN COMMUNITY

Norwegian Day Parade Fund\$Raiser



PARADE FUNDRAISER

Sponsored by May 17th Parade Committee Sunday, May 7, 2023 4 PM until 8 PM Salty Dog, 75th and 3rd Avenue

• Food, Raffles, Door Prizes, 50/50 and more!



DINNER DANCE

Sponsored by 17th of May Parade Committee Friday, May 19, 2023 Nansen Lodge 3465 Victory Boulevard, Staten Island

More information to follow



17TH OF MAY PARADE

Commemorating the 208th Anniversary of the signing of Norway's Constitution

REMEMBERING NORWEGIAN RESISTANCE Sunday, May 21, 2023 1:30 PM start time



GOLF + SOCIAL OUTING

Sons of Norway Third District June 2-4, 2023 Sunny Hill Resort and Golf Course 352 Sunny Hill Rd., Greenville, NY 12083

• For more information please contact Sports Director Paul Kornbrekke: 718-356-8395

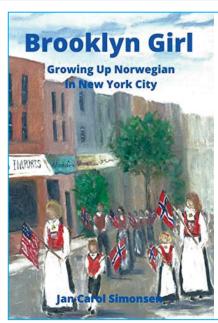


NEWSLETTER BOOSTERS

Your donation is a voluntary act which helps pay for the publication and distribution of our Lodge newsletter. We appreciate all your support!

Member	Amount	Date
Evelyn Andreassen Oddbjorg Olsen	\$25 \$25	December 2022 February 2021

If you would like a printed version of this newsletter snail-mailed to you please send \$25 to cover the cost of paper, ink, and postage.



Ready for a good read?

The year is 1946 as we follow Solveig Torgersen who listens to relatives and friends talk about life in Norway as she absorbs life around her in Bay Ridge. Much of the culture of the enclave is immersed in fundamental religion, and church life is the mainstay of the Torgersen family.

To get your own copy visit amazon.com



Robert McKeever, CLU Financial Benefits Counselor

www.SONSOFNORWAY.com

Phone: (800) 561-1492 Cell: (631) 672-5340 Fax: (631) 863-2204 eMail: Bob@rmclu.com



GRATULERER MED DAGEN

Shannon Giglio February 03 Karin L Holldorf February 11 Dr Daphne L Davidson February 16 Linda Irene Kvam February 16 Ray Allen Spicer February 24 Karin Stromswold February 29 Aaron E Simonson March 4 Olav B Hansen March 8 March 8 Stephen Sabaugh Nancy E Settergren March 8 Adolf A Christiansen March 13 March 19 Synnove Froysti Arne Larsen March 19 Ragnhild Wallstedt March 20 March 22 Lucas Bourbon Michelle Hanafiah March 30 Kjellaug Tangen April 2 Victoria Hofmo April 4 Greta Gustafson April 9 Hailey Louise Papa April 9 Kimberly Breiland April 14 Julien Simon April 14

Oddbjorg Olsen

Tonnes Tonnessen

April 16

April 29



LODGE BROOKLYN, EST. NOV. 22 1923

Lodge Brooklyn celebrates the traditions and history of the Norwegian and American Norwegian culture. We have a reputation as being fun, down to earth, and lighthearted. We gather and share past memories and create new ones in a warm and welcoming environment. We hope you come to a meeting!

FISKEGRATENG - FISH AU GRATIN



- 1.1 pounds white fish fillets, poached
- 1/3 cup margarine
- 1/2 cup white flour
- 2 cups milk

- 1 tsp. salt
- 1/8 tsp. pepper
- 3 eggs, beaten
- buttered breadcrumbs (optional) or grated cheese (optional)
- Flake the poached fish into a well-greased baking dish
- In a small saucepan, melt margarine and add 1/2 cup flour
- Gradually add the milk, salt, pepper and beaten eggs
- Beat thoroughly until smooth and lump-free
- Pour over fish and top with a layer of buttered breadcrumbs OR grated cheese.
- Bake at 175°C (350°F) for 45 minutes.

* Source: Cookbook "Trolldom in the Kitchen" via food.com: https://www.food.com/recipe/norsk-fiskegrateng-fish-au-gratin-113718 mKjA

OFFICERS

President: Kimberly Breiland

Vice-President: Sigrun Larsen

Secretary: Gyda Arber

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Alisa Spicer

Membership Chair: Alice Svege

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Tuxedo, NY 10987

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