



## NEWSLETTER

Volume 8, Issue 9  
December 2022

# LODGE BROOKLYN SUPPORTS A DEMENTIA FRIENDLY SOCIETY

# LODGE BROOKLYN 3-243

Growing up, I was always told that time moves quicker with age. I think I have most definitely hit the age where I truly notice how fast life goes by. I don't have enough minutes in the day, much less hours. And, right now, when all the holidays are upon us, so many preparations, tasks, obligations, and just all around hubbub in the air, it seems to be moving that much quicker. I honestly don't even know where November went.

Last month I wrote about being thankful. This month I would like to slow down and truly just take everything in and enjoy the time whether amongst friends, family, or sitting alone by a tree looking up at the sky. I want to make a note, a mental note that this moment will never be here again and to absorb the energy and enjoy.

With that said, God Jul! I hope you are spending time with family and friends, and I truly hope you can take that deep breathe and move a little slower, even if it's just for this one holiday.

Best regards,

Kimberly Breiland, President

## SAVE THE DATES OF LODGE BROOKLYN FUTURE MEETINGS AND EVENTS

### JULEFEST

**SAT., DECEMBER 17, 2022**

1:00 PM - 5:00 PM

Sporting Club Gjoa, Brooklyn

### NYTTAR

Sunday, January 15, 2023

1:00 PM - 5:00 PM

Sporting Club Gjoa, Brooklyn

### VALENTINES

Sunday, February 19, 2023

1:00 PM - 5:00 PM

Sporting Club Gjoa, Brooklyn

### MARCH MEETING

Sunday, March 19, 2023

1:00 PM - 5:00 PM

Sporting Club Gjoa, Brooklyn

## WE HOPE TO SEE YOU SOON!



## FRA PRESIDENTEN, STEPHEN HELMOLD – DECEMBER 2022



Thanksgiving is here and Christmas and New Years are just around the corner as lodges gear-up for their Christmas celebrations. The **Third District Board** had their last meeting in person at *Big Valley Lodge* formerly the *Land of the Vikings*. This was the first in person board meeting since March of 2020 and it was great to see everyone face to face for a change since due to the pandemic the past two and a half years the board meetings have been on zoom (virtually).

Committee reports were made and discussed. A special report on youth camp was made by **Tom Bakos**, our new camp director. The Board voted to have *Youth Camp* in July 2023 at *Camp Koinonia* in Highland Lake, New York. More details will be following soon.

**Mary Andersen** presented a *Leadership Training Program* highlighting information about Sons of Norway and the lodge officers' positions. I have hopes to start the new year off with Leadership Training for the leadership of the local lodges on a zone-by-zone basis. Some will be in person and some will be virtually on zoom. Your Zone Directors will keep you informed regarding this.

We also removed all the district's important documents from the closets at Big Valley Lodge and moved them to Nansen Lodge for storage in their

closet. Many thanks to all who helped in this big endeavor.

As I introduced in my message last month, each month I will be highlighting one of the members of your Third District Board. This month **Dirk Hansen**, our *Fraternal/Foundation Director* will tell you a little about his rewarding experience as a Third District Board member. In addition to his position as our Fraternal/Foundation Director, Dirk is the *Assistant Zone 7 Director* and the *chairperson of the Giving's Committee*. He is also a vital member of the *Lodge Revitalization Committee* chaired by Vice President **Diana Syvertsen** and the temporary *Editor of the Third District Today*.

And now a few words from Dirk:

*As of June, this year, I have started my 9th year as a District 3 Board member and it continues to be a rewarding experience. Many of you are lodge officers but the real action and opportunity to make a difference comes at the district level so I would encourage all who read this to consider this direction as you progress in your Sons of Norway experience. As a lodge member, please step up and volunteer when asked to serve your lodge and when the time comes, please do the same for your District when*



## FRA PRESIDENTEN, STEPHEN HELMOLD – NOVEMBER 2022



*a nominating committee member comes calling. You won't regret it!*

*To expand upon what **Christine Taylor** spoke about last month, our District 3 board has in operation currently, 10 distinct committees all tasked and staffed for a specific purpose. In many cases, ideas are being generated that cross-over into the domain of one or more of the other committees which in turn generate more thought-provoking initiatives. Remember the old thousand mousetraps loaded with the ping pong balls in an enclosed space and one ball is thrown in to demonstrate nuclear fission back in the 50's and 60's. It's kind of like that. The key is to minimize human error, design flaws and shoddy workmanship and we should wind up with a bright and progressive future for our District 3.*

*Lastly, I want to really thank all of the lodges that took the **New World Service Day** ball and ran with it this year. You far exceeded my expectations for a first-year event. I am guessing you also feel pretty good about yourselves because of your efforts.*

*Thank you,  
Dirk*

I hope you will heed Dirk's words and get involved in your lodge, zone and the Third District. On behalf of Karen and I and the entire Third District Board, I would like to take this opportunity to wish everyone a safe, happy and healthy holiday.

Fraternally,  
**Stephen Helmold**  
District 3 President



Stephen Helmold, Third District President





## LODGE BROOKLYN HAPPENINGS

Thank you to all who attended our Thanksgiving meeting. Those not in attendance, you were missed and we hope that you will join our Julefest, maybe even invite a friend or two, just be sure to RSVP as this is a catered event, so we need a head count.

**RSVP: [Kimberly@LodgeBrooklyn.org](mailto:Kimberly@LodgeBrooklyn.org)**

We have been updated that **Aksel Andresen** has decided to remain in Norway. If anyone would like his address in order to send over cards and notes, please see Kimberly after the meeting and she will supply you with an address.

### Elections and Committees

We held elections November 20, 2023, here are the results:

President: **Kimberly Breiland**

Vice President: **Sigrun Larsen**

Secretary: **Gyda Arber**

Treasurer: **Elaine Breiland**

and all committees have no changes.



We are looking for article and photo submissions. What did you been up to? Anything special? Traveled someplace new, had a celebration, learned a new skill, tried a new dish? What ever it is, we are interested. Send to **[Kimberly@LodgeBrooklyn.org](mailto:Kimberly@LodgeBrooklyn.org)** so we can include it in our next newsletter.

**Tubfrim** is closing. Lodges have been notified that the program will be ending operations the summer of 2023. Unfortunately this program has not made enough income to sustain itself.

**Tubrim** was established in 1928 at Nesbyen by postmaster Ditlef Fantzen. The collection and selling of stamps would be used for tuberculosis work among children of Norway.

In 1947, it was transferred to the National Association for Public Health. And in 1958, **Tubrim** built its own stamp house in Solstad. Today profits also go to the health and well-being measures for children and youth in Norway. Since its inception it has distributed NOK 26 million with approximately 2700 of good measures.

Please remember to save stamps and postcards for the **Tubfrim** program. **Alice Svege** will be collecting all contributions. When cutting the stamps out, leave a 1/4" margin around the stamp. They can also be sent to the *Tubfrim Chairperson*: **Kjell Kittilsen**, 871 70th Street, Brooklyn, NY 11228.

**Barbara Berntsen, Chair of the Zone One Scholarship Committee** wants to share:

*We heard you! The Zone One Scholarship Committee has been around for over 50 years. We have made mistakes in the past and heard your concerns. To that end, we have been meeting to discuss how to better provide scholarships to you and your families.*

*At our most recent meeting on Saturday, November 12th we discussed how to bring back the vitality to the scholarship fund: by improving outreach, being clearer on what is expected from the applicants, revising our policies, and seeking new ways to raise money to fund our scholarships. Who said that you cannot teach an old dog new tricks?*

Now let's spread the word.



## FOUNDATION SCHOLARSHIPS AVAILABLE

From the Sons of Norway website:

<https://www.sofn.com/blog/foundation-scholarships-available/>



By Emily Stark & Jon Tehven

High school seniors and current college students- it's time to start thinking about 2023!

If you are a member of Sons of Norway or have a parent or grandparent who is a member, you can apply for a scholarship from the Sons of Norway Foundation.

There are a variety of scholarships available for college, trade schools, and study abroad, from \$1,500 to \$20,000+.

Go to the Sons of Norway Foundation website at <https://www.sofn.com/foundation/scholarships/> to find out if you are eligible to apply. When you find one or more for which you qualify, read the Overview, Who Can Apply, and View Guidelines.

Here are a few suggestions for your scholarship application:

- Treat the application as if it is a job application. Be thorough in completing all of the requirements. Make a list of all the application requirements and check them off when completed. Then, double-check before submitting to be sure that it is complete.
- Read and study the Criteria section of the application. In your essay, you are asked to address six key points. Use specific, experiential examples when answering these key points, especially your connection to Sons of Norway.
- How did you find out about the Sons of Norway Foundation scholarship and/or what do you know about the Sons of Norway Foundation? Demonstrate that you've done research beyond a simple Google search.

Emphasize your involvement in community or school volunteer work.





## INFORMATION SHEET FOR THE ZONE 3 SCHOLARSHIP FUND

**THE PURPOSE** of the scholarship fund of Zone 3 is to grant a one-time award to promote and encourage the higher education of individuals who wish to pursue an education beyond the secondary school (high school) level.

**THE AWARDS** will be given directly to the successful candidates to be used by the recipient for expenses associated with the pursuit of the goal of further education. The number of scholarships to be awarded will depend on the Zone 3 Scholarship Fund available balance.

### CRITERIA FOR EVALUATION OF APPLICATIONS

1. Application for an award from the Zone 3 Scholarship Fund will be considered by the Selection Committee in the following order of priority:
  - A. Active Member of a Zone 3 Lodge  
 ("Active Member" is defined as a member who is on or has served on one of the Boards of his/ her lodge or Zone 3 and/or regularly attends meetings and supports the lodge and/or Zone at most events – a member who takes and shows an active interest in the operation of his/her lodge and/or the Zone. This includes consideration for those members who have been active but may have become incapacitated and unable to participate.)
  - B. A member of a Zone 3 lodge OR child of an active Zone 3 Lodge member.  
 ("Child" is defined as the son, daughter, grandchild, stepson, stepdaughter, or legally adopted child of a Zone 3 lodge member. A legal guardian will be considered a parent if he/she is solely responsible for the support of the applicant.)
  - C. Child of a Zone 3 Lodge member.
2. No award money will be given to any candidate until the Committee has received all the information required from the applicant including a copy of the notification of acceptance from the school to which the candidate has applied or notification of attendance from the school that the candidate is presently attending.
3. An applicant must submit each of the following items
  - A. An official transcript of academic record. The official transcript is imprinted with the school's seal and no transcript will be accepted without this seal. For high school seniors, this transcript should be a current high school transcript. If applicants are presently enrolled in higher education, submit a current college/school/university transcript
  - B. Three (3) letters of reference from the applicants' present or former professors, teachers, or instructors. Letters from relatives will not be accepted
  - C. **Notification of acceptance or continued attendance of an educational institution where the applicant will be enrolled Summer/Fall 2023. This can be a college admission letter if the applicant is a high school senior, or else paperwork showing acceptance at an acceptable institution like the International Summer School at the University of Oslo, or paperwork showing that the applicant is a continuing student working toward a degree (for example, transcript showing intended Summer/Fall 2023 Coursework.**
  - D. An essay written by the applicant.

Complete and return the application form and all required documentation prior to the deadline.

**Complete applications must be received by May 1, 2023.** Return the application form with all required information to: Kathleen Muller, 126 Raymond Pl., Staten Island, NY 10310.



# ZONE 3 SCHOLARSHIP FUND APPLICATION FORM

Name (first last): \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_ Birth date: \_\_\_\_\_

## SONS OF NORWAY MEMBERSHIP *(if candidate is a member in good standing)*

Lodge Name and #: \_\_\_\_\_ Member since: \_\_\_\_\_

*If candidate is **not** a member of Sons of Norway, but a relative is a member in good standing:*

Name of Relative: \_\_\_\_\_ Relationship: \_\_\_\_\_

Lodge Name and #: \_\_\_\_\_ Member since: \_\_\_\_\_

## SCHOLASTIC RECORD *(complete this section if candidate is a High School Senior)*

High School Name (include city and state): \_\_\_\_\_

 Cumulative Un-weighted GPA: \_\_\_\_\_ If weighted GPA, check here: ☐

## SCHOLASTIC RECORD

*(complete this section if candidate is in a School, College, or University, or working toward a degree post High School)*

School/College Name (include city and state): \_\_\_\_\_

Expected Graduation Date and Degree to be earned: \_\_\_\_\_

 Cumulative GPA: \_\_\_\_\_ Attending: ☐ Full time or ☐ Part Time

SAT score: (MATH and VERBAL only) MATH: \_\_\_\_\_ VERBAL: \_\_\_\_\_ OR ACT composite score: \_\_\_\_\_

- **Applicant to include with application a RESUME** not to exceed 2 pages (done on a computer).  
Resume to include: awards earned; extracurricular activities (distinguish between school-related and non-school related activities); volunteer experiences; community service; civic engagement; Sons of Norway participation leadership.
- **Applicant to include with application an ESSAY** not to exceed 2 pages double spaced (done on a computer) or 1 page if single spaced. Title of essay is **“Why I should receive the Zone 3 Scholarship”**
- **Three letters of references** from the applicants’ present or former professors, teachers or instructors. At least one of the letters must be from a schoolteacher who has had the applicant in class as a student

Send completed Application &amp; Documentation by May 1st 2023 to:

Mrs Kathleen Muller, 126 Raymond Pl., Staten Island, NY 10310





## LODGE BROOKLYN MEETING DATES



### JULEFEST

**SATURDAY, DECEMBER 17, 2022**

1 PM until 5 PM

Sporting Club GjØa, Brooklyn

- Requested donation of \$25 SON members, \$35 all others, Children FREE
- Catered event, Ellen Lindstrom entertainment



### VALENTINES

**Sunday, February 19, 2023**

1 PM until 5 PM

Sporting Club GjØa, Brooklyn

- Requested donation of \$15 SON members, \$20 all others, Children under 12 FREE
- Food and Fun

**2023**  
HAPPY NEW YEAR

### NYTTAR

**Sunday, January 15, 2023**

1 PM until 5 PM

Sporting Club GjØa, Brooklyn

- Requested donation of \$15 SON members, \$20 all others, Children under 12 FREE
- Food and Fun



### MARCH MEETING

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Sporting Club GjØa, Brooklyn

- Requested donation of \$15 SON members, \$20 all others, Children under 12 FREE
- Food and Fun





## NEWSLETTER BOOSTERS

Your donation is a voluntary act which helps pay for the publication and distribution of our Lodge newsletter. We appreciate all your support!

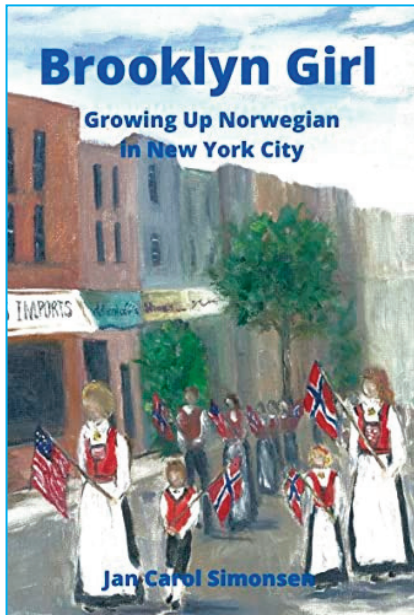
| Member            | Amount | Date          |
|-------------------|--------|---------------|
| Oddbjorg Olsen    | \$25   | February 2021 |
| Evelyn Andreassen | \$50   | June 2021     |

*If you would like a printed version of this newsletter snail-mailed to you please send \$25 to cover the cost of paper, ink, and postage.*



## GRATULERER MED DAGEN

|                         |             |
|-------------------------|-------------|
| Sandra L Fisher         | December 01 |
| Richard "Rusty" Sabaugh | December 07 |
| Elaine Ann Breiland     | December 16 |
| Gideon M Wyatt          | December 17 |
| Lauren S Lee            | December 22 |
| Jean Bourbon            | December 30 |
| Nicole J Kraft          | January 01  |
| Adelle Leone Roban      | January 23  |
| Shannon Giglio          | February 03 |
| Karin L Holldorf        | February 11 |
| Dr Daphne L Davidson    | February 16 |
| Linda Irene Kvam        | February 16 |
| Ray Allen Spicer        | February 24 |
| Karin Stromswold        | February 29 |
| Aaron E Simonson        | March 4     |
| Olav B Hansen           | March 8     |
| Stephen Sabaugh         | March 8     |
| Nancy E Settergren      | March 8     |
| Adolf A Christiansen    | March 13    |
| Synnove Froysti         | March 19    |
| Arne Larsen             | March 19    |
| Ragnhild Wallstedt      | March 20    |
| Lucas Bourbon           | March 22    |
| Michelle Hanafiah       | March 30    |



Ready for a good read?

The year is 1946 as we follow Solveig Torgersen who listens to relatives and friends talk about life in Norway as she absorbs life around her in Bay Ridge. Much of the culture of the enclave is immersed in fundamental religion, and church life is the mainstay of the Torgersen family.

To get your own copy visit [amazon.com](https://www.amazon.com)



## SONS OF NORWAY

**Robert McKeever, CLU**  
Financial Benefits Counselor

[www.SONSOFNORWAY.com](http://www.SONSOFNORWAY.com)

Phone: (800) 561-1492  
Cell: (631) 672-5340  
Fax: (631) 863-2204  
eMail: [Bob@rmclu.com](mailto:Bob@rmclu.com)



## LODGE BROOKLYN, EST. NOV. 22 1923

Lodge Brooklyn celebrates the traditions and history of the Norwegian and American Norwegian culture. We have a reputation as being fun, down to earth, and lighthearted. We gather and share past memories and create new ones in a warm and welcoming environment. We hope you come to a meeting!

## NORSK HOT CHOCOLATE FROM 1875



- 1000ml / 33.8 fl oz milk
- 150g / 5.3 oz dark or plain chocolate
- 80g / 2.8 oz butter
- 100g / 3.5 oz sugar
- 1 egg yolk
- Double or heavy cream to finish

- In a small bowl put aside 1 tablespoon of the milk. Heat the rest of the milk in a saucepan over a medium heat.
- Break the chocolate into pieces and add to the hot milk with the butter. Stir over a low heat until melted and then add the sugar. Stir well until melted.
- Beat the egg yolk into the milk you put to one side.
- Remove the hot chocolate from the heat and stir in the egg yolk mixture. Stir for a minute to allow the hot milk to cook the egg yolk slightly but do this off the heat.
- Serve the hot chocolate whilst it's still warm and with a spoonful of whipped cream on the top for extra decadence.

\* found on [www.livinganordiclife.com](http://www.livinganordiclife.com)

## OFFICERS

**President:** Kimberly Breiland

**Vice-President:** Sigrun Larsen

**Secretary:** Gyda Arber

**Treasurer:** Elaine Breiland

**Publicity Director:** Gyda Arber

**Activity Committee:** Alice Spicer

Alisa Spicer

Bob Carlsen

**Membership Chair:** Alice Svege

Bob Carlsen

## WHO'S WHO

**Editor-in-Chief:** Kimberly Breiland

**Photographer:** Kimberly Breiland

## TO CONTRIBUTE OR RECEIVE NEWSLETTER

Contact: **Kimberly Breiland**

via **Phone:** 917-523-3266

via **e-Mail:** [Kimberly@LodgeBrooklyn.org](mailto:Kimberly@LodgeBrooklyn.org)

via **Snail Mail:** PO Box 522

Tuxedo, NY 10987

## BECOME A MEMBER

Contact: **Kimberly Breiland**

via **Phone:** 917-523-3266

via **e-Mail:** [Kimberly@LodgeBrooklyn.org](mailto:Kimberly@LodgeBrooklyn.org)

via **Snail Mail:** PO Box 522

Tuxedo, NY 10987

